

LIVEFIT

May 23, 2020

Dear Clients & Friends,

I am excited to announce the re-opening of Livefit Personal Training Studio effective May 23, 2020. At this time we are using an outdoor training facility, located in the back of the building and available for your workout needs.

In order to protect everyone while living through this pandemic, we have implemented new guidelines & procedures. We are thrilled to be back training clients once again and in doing so we will adhere to the CDC guidelines to keep everyone healthy and protected.

When you arrive in the back parking lot, we will ask you a series of pre-workout screening questions. You are advised to use your own mask and gloves should you desire them during your workout.. All trainers will use masks during your session. Staff temperatures will be checked each day as well. We ask that if you are not feeling well to stay home for the protection of everyone.

Although we have always scheduled your appointment so there was no wait time, you will be the only client seen at a given time. Additional time will be scheduled between each appointment so that we have the time necessary to completely clean the equipment thoroughly to ensure your protection.

As we open our outdoor studio please know, our priority first and foremost is everyone's safety. Thank you in advance for your cooperation. I will be in touch as to when we can safely open the studio to resume indoor workouts, as well as guidelines and procedures in the future.

We look forward to seeing you all outside very soon!

Warmly,

John Ribeiro